

READINGS BLANK FOR PHONE MEETINGS

Speaker: _____ Date _____

Definition of a food addict: _____

How It Works: _____

12 Steps: _____

12 Traditions: _____

TOOLS:

Abstinence : _____

Sponsorship: _____

Meetings: _____

Telephone: _____

Anonymity: _____

Literature: _____

Writing: _____

Quiet Time: _____

Gratitude: _____

Service: _____

(AT THE END ☺)

PROMISES OF THE PROGRAM: _____

NEWCOMER GREETER: _____

NEWCOMER GREETER: _____

AVAILABLE SPONSORS: _____

AVAILABLE SPONSORS: _____

OTHER:
